MENAI HAWKS SUMMER FOOTBALL
Venue: Barden Ridge Sports Complex Fields 1 and 2
Game Duration:

| Age Group: | Duration per Half: |
| :---: | :---: |
| U6 | 16 min |
| U8 | 16 min |
| U10 | 18 min |
| U 12 | 19 min |
| U 14 | 20 min |
| U16 | 20 min |
| Senior Men's <br> \& Women's | 25 min |

## Format:

U6's: 4 vs 4 (NO Goalkeeper)
U8s to Seniors: 5 vs 5 (including Goalkeeper)

2 min half time break.

The following major rules below applies:

1. NO OFFSIDE
2. Players can enter/score in the Penalty/GK area at any time. The only restriction will be from a goal kick where no other player is allowed inside. This will follow the same rules as winter football as well as a goalkeeper cannot handle (use his hands) the ball outside of his area. (This rule does NOT apply to the U6's comp)
3. All free kicks are indirect. The opponents must be 5 metres back from the ball placed.
4. A penalty spot kick is awarded for an infringement inside the Penalty/GK area. Example: Hand-Ball, Bad/Foul tackle. A slide tackle will NOT constitute a penalty instead an indirect free kick is awarded. (This rule does NOT apply to the U6's comp)
5. The opposition must be back to the kick off spot (halfway) on goal kicks.
(This rule only applies to U6s to U10s Competition)
6. Goal kicks - The goalkeeper may restart the game anyway he/she desires from the hands or feet. (But cannot kick it from the hands).

- There is NO halfway line, therefore the Goalkeeper will be ALLOWED to throw or kick the ball with his feet (not from the hands) anywhere within the field of play from a goal kick or general play.

7. The ball can be passed back to the goalkeeper (but not picking up the ball) from a goal kick or general play from his outfield player.

- If GK picks up the ball from an intentional pass back this will be considered as the pass back rule and an indirect free kick is awarded to the opposition 2 metres outside the GK area. (No Goalkeeper applies for the U6s Comp).

8. CORNERS apply. You cannot score directly from a corner. Exception to this rule if there is a second touch by any other player or GK. (NO Corners applies for the U6s Comp. A Goal kick is awarded instead)
9. Sideline KICK-IN, NOT throw-ins. A player CANNOT score directly from a sideline kick-in. If the ball is kicked into the opponents' goal a goal kick is awarded to the opposing team.
Exception to this rule if there is a second touch by any other player or GK.
10. You can score directly from a Kick Off.
11. Parent and Player Code of Conduct is to be compiled. More information to follow.
12. NO SLIDE TACKLES permitted. An indirect free kick will be awarded to the opposition.
13. A Yellow card to a player will result in a 3 minutes off-field suspension. No substitution is allowed for that player during the 3-minute period. This rule only applies to Senior competitions.
